BRITTANY'S NONFICTION SHELF

Books for *better work, leadership, and life.*

A practical list of titles Brittany returns to and recommends.

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BOOKS TO EXPLORE

START HERE

Four featured picks.

These titles appear in Brittany's book-review materials and offer practical entry points across time, relationships, money, and self-worth.

01

FEATURED PICK

Buy Back Your Time by Dan Martell

For reclaiming capacity and building a business that serves your life.

02

FEATURED PICK

The 80/80 Marriage by Nate & Kaley Klemp

For more generous partnership and a clearer shared vision.

03

FEATURED PICK

The Latte Factor by David Bach

For turning small financial choices into greater freedom.

04

FEATURED PICK

Worthy by Jamie Kern Lima

For exploring how self-worth shapes what you pursue and allow.

THE BOOK THAT MEETS MY CURRENT SEASON

THE IDEA I WANT TO PUT INTO PRACTICE

THE COMPLETE LIST

Twenty books to explore.

Choose the title that meets the problem, possibility, or season in front of you. You do not need to read them in order.

FOCUS, TIME & PERSONAL GROWTH

- Atomic Habits
- Buy Back Your Time
- 7 Habits of Highly Effective People
- The Happiness Advantage
- The Dream Manager

LEADERSHIP & COMMUNICATION

- Fierce Conversations
- Fierce Leadership
- The 21 Irrefutable Laws of Leadership
- Dare to Lead
- Extreme Ownership
- Row the Boat
- The Energy Bus

BUSINESS, PURPOSE & SYSTEMS

- The Millionaire Real Estate Investor
- HOLD
- FLIP
- Traction

INFLUENCE & SERVICE

- Start With Why
- Exactly What to Say
- The Go-Giver
- Building a StoryBrand

TURN READING INTO PRACTICE

Capture what changes you.

The goal is not to finish more books. It is to notice the ideas that help you lead, decide, and live with greater intention.

BOOK + AUTHOR

THE IDEA I DO NOT WANT TO FORGET

WHERE THIS IDEA MEETS MY REAL LIFE

THE ONE ACTION I WILL TEST THIS WEEK

SEVEN-DAY APPLICATION

If the book changes nothing about your week, what would help the insight become action?